Health and Wellbeing Advisory Committee

Minutes



Date: Thursday 10 August 2023

Time: 10.00am -11:30am

Venue: Macey Training Room, Edendale Community Environment Farm,

30 Gastons Rd, Eltham VIC 3095

Chair: Cr Natalie Duffy

Minute taker: April Wilson, Coordinator Social Planning and Equity

Cr Richard Stockman (Deputy Chair), Julia Bilton (healthAbility), Ellie Swindon (WHIN), Tilly Brian (Diamond Valley Community Support),

Committee

Annie Lee (Yarra Plenty Regional Library), Ali Berechree (Belgravia Members:

Leisure), Matt Weisheit (Belgravia Leisure), Deanna Finn (Community

member), Ann Hutchinson (Community member), Andre Leslie (Aligned

Leisure), Darlene Muhoza (DHHS)

Other: Corrienne Nichols, Nichole Johnson, April Wilson, Cassie Zurek

Jules Jay (Community member), Lis Blake (Banyule Community Health),

Apologies: Laura Collins (NEPHU), Anthony O'Connor (Police), representative from

EMPHN, Rebecca Hurley (Austin Health)

Order of business

1. Welcome and housekeeping - Chair

Meeting started at 10.07am

2. Acknowledgement of Country - Chair

Acknowledgement of Country was read by Councillor Natalie Duffy.

3. Apologies- Chair

Rebecca Hurley (Austin Health), Jules Jay (Community representative), Lis Blake (Banyule Community Health), Laura Collins (NEPHU), Anthony O'Connor (Victoria Police), Representative from EMPHN, Julia Bilton (healthAbility), Tilly Brian (Diamond Valley Community Support).

4. Minutes of previous meeting

That the minutes of the meeting held 12 October 2022 are confirmed as a true and accurate record of the meeting.

Moved: Deanna Finn

Seconded: Cr Richard Stockman

That the summary of the Health and Wellbeing Partnership Forum held 21 June 2023 are confirmed as a true and accurate record of the meeting.

Moved: Darlene Muhoza

5. Outstanding Action Items

There are no outstanding actions from the previous meeting.

6. Conflict of Interest and Informal Meeting of Councillors Record

Are there any Members who wish to disclose a conflict of interest in any item on the Agenda today?

There were no disclosures of conflict of interest made.

7. Introductions

Summary: All attendees introduced their name, pronouns, role and organisation and their favourite farm animal.

Action: No actions recorded

8. General business

Health and Wellbeing Plan: Year 2 Implementation

Summary:

- Year 2 Overview:
 - 91 actions completed or 'on track'
 - 3 actions with minor issues
 - 8 actions yet to be completed.
 - Reasons why actions may have been delayed include: issues with resources, further community engagement required or changes in direction/to timelines.
- Highlights included:
 - 986 young people in school workshops
 - 34 active L2P mentors
 - 72 Gender Impact Assessments complete
 - 30+ participants in the youth rainbow support group
 - Participation in Midsumma pride march
 - 72 participants at the first Rainbow Golf Cup
 - Midsumma exhibition applications launched
 - 148,110 attendees at community events
 - 10 projects engaged accredited accessed consultants
 - 2498 community transport trips for adults over 65 years,
 - Over 45 community-led projects funded
 - 39 community-lead events on Council Land.
- Challenges included:
 - Ongoing COVID related disruptions
 - Increased reports of school refusal in the Youth space

- Increases in family violence,
- Slow return to volunteering impacting community organisations,
- Cost of living and housing crisis, and associated financial insecurity
- o reduced disposal income (impacts on ability to access extracurricular activities with subsequent reduction in socialisation, leading to isolation and poorer mental health)
- o Social unrest around IDAHOBIT and the Indigenous Voice to Parliament.
- Further challenges include significant funding cuts to Community Health organisations in the preventative health and health promotion spaces (impacting capacity and resourcing) and Climate Change. We have experienced significant flooding in the past 12 months and are about to enter into an El Niño.

Action: No actions were recorded

Health and Wellbeing Plan: Year 3 Action Plan

Summary:

- Thank you to all advisory committee members for contributions to the Year 3 Action Plan, particularly in designing the 12 collaborative actions (**refer to slides**) at the Health & Wellbeing Partnerships Forum.
- The version of the Health & Wellbeing Year 3 Action Plan provided to advisory committee members for the purpose of this meeting is the high level version that will be made available to the public.

Actions:

- Cassie to introduce Ellie (WHIN) and Annie (YPRL) to Gender Equity Lead for further collaboration on the Early Years Gender Equity CoP.
- April to connect with Ellie (WHIN) to explore further opportunities for training for Gender Equity Advocates.
- Cr Richard Stockman and Matt/Ali (Yarrambat Park Golf Course) to collaborate on new public transport route from Greensborough train station to Doreen, with possible stop off at the Golf Course to promote social connection and inclusion opportunities.
- Cassie and April to connect Yarrambat Park Golf Course to Environmental and Recreation & Leisure Teams to explore environmental/climate education lens for miniature golf course.
- Mitch and Allira to raise in Community Network Meeting appetite for Mental Health First Aid or similar education for community members
- Action # 67 Cassie to explore including the Eltham Rotary as a partner in this action
- Action #76 Cassie to explore adding WHIN as a partner.
- April to forward a copy of the GEAP to Ellie from WHIN
- April to add YPRL and Belgravia Leisure as partners into working group for 16 days of Activism
- Corrienne to provide response to Cr Duffy with more information on the 'Put Her Name on It Project'
- Matt to send through information on upcoming Yarrambat Park Golf Course community open day to April for Council to promote
- Action #99 Cassie to explore adding YPRL as a partner

- Actions #102 and #105 Cassie to explore Aligned Leisure as a partner
- Action #102 Cassie to explore adding Belgravia Leisure as a partner
- Action #113 Cassie to explore adding YPRL as a partner (provision of venues) for gambling education sessions
- Cassie to link Youth team in with Darlene (DHHS) to provide e-introduction to Quit Victoria re: vaping support
- Action #108 WHIN recommended a gender lens for the relationship between alcohol and masculinity and the way it can fuel dominant cultures of unhealthy masculine behaviour, and the strong relationship to family violence and gender based violence. Cassie to review and amend to reflect this.

Working in Partnership

Summary:

- Checking in how do we want to collaborate throughout the year in between formal Health & Wellbeing advisory committees?
- Suggestions discussed included:
 - Group email to assist with cross promotion of events/programs
 - Microsoft team channel to assist with cross promotion and collaboration on events/programs

Next Steps:

 Feedback will be incorporated into the final version of the Year 3 Action Plan – presented to Executive Leadership Team and Council Briefing, and then shared publicly on Nillumbik Shire Council website

Actions:

- Additional feedback on Year 3 Action Plan to be provided by Health & Wellbeing Advisory Committee members by Wednesday 16 August 2023.
- Cassie to explore the addition of the following suggested organisations to the Health & Wellbeing Advisory committee upon review of the terms of reference:
 - Representative from the Dept. of Family, Fairness and Housing (Darlene to introduce)
 - o Representative from the Northern Football Netball League
 - Allwood Neighbourhood House
 - Social Housing representative
- Cassie to set up Microsoft Teams channel for ongoing communication between committee members

9. Round Table

Summary:

· Round table updates were not completed due to lack of time

Action: No actions were recorded

10. Close of Meeting

The meeting concluded at 11.43am