



**MINUTES**  
**Positive Ageing Reference Group Meeting**  
**Friday 9 November 2018**  
**12.00pm – 2.00pm**  
**Council Chambers**  
**34 Civic Drive, Greensborough 3088**

**Accepted:** Katie Camilleri (NSC), Iwona Trickett (NSC), Terry Oakley, Philip Green, David Nicholls, Sabi Beuhler, Gail Clayton, Deanna Finn, Ingrid Motcshall, Gertraud McDonald, Norme Wearne, Anne Fitzpatrick, Jenniy Gregory, Ray Carrol

**Apologies:** Rebecca Burton (NSC), Richard Kottek, Karen Coulston, Judy Lazarus, Ken Wing Jan, Gordon Barfield

No.	Agenda item	Notes
1	<b>Welcome</b>	Katie welcomed everybody to the meeting.
2	<b>Community Support Services Update</b>	<p><b>Aged Services Survey</b>            Katie urged the group to get the survey out to as many people in the community as possible. Copies of the survey are available from Katie.</p> <p><b>Volunteer Christmas Lunch</b>            This year the PARG volunteers are invited to join the delivered meals and transport drivers volunteers to Christmas lunch at Bridges Restaurant, 1075 Heidelberg Kinglake Road, Hurstbridge. Date: Friday 30 November 2018            Time: 12.30pm            RSVP: 20 November</p> <p><b>Positive Ageing Role</b>            Positive Ageing role is now back in the Community Support Services unit.</p> <p><b>Positive Ageing Strategy review</b>            The actions from the previous strategy are to be reviewed. There will be no new strategy however instead it will be an Action Plan which will be in line with the Nillumbik Health and Wellbeing Plan. An external consultant has been engaged to review the plan. First workshop with the Advisory Committee is scheduled for Friday 16<sup>th</sup> November 12-2pm at Council Offices. The Draft Action plan is due to be completed by December and going to Council for endorsement in February 2019.</p>

		<p><b>Action:</b> Members to review the actions from the Positive Ageing Strategy 2013-2018 for the workshop on Friday 16<sup>th</sup> November.</p> <p><b>Action:</b> Katie to email copy of strategy to members and follow up to see if there are any hard copies available</p>
3	<p><b>Guest Speaker:</b> Angela Clare</p>	<p><b>Emergency Planning Tool Kit</b> Angela was invited to the group to speak about an Emergency Planning Tool Kit for people with a disability. A tool kit was developed by the University of Sydney together with Emergency Services which aims to raise awareness for emergency planning for people with a disability. Angela is looking to develop a tool specific for Nillumbik residents who have a disability and is seeking Volunteers to be involved. It is envisaged that volunteers would be trained on how to use the tool kit and would have conversations in their communities on how to use it. This project is at its early stages and further details will be provided.</p> <p><b>Action:</b> The group decided that this is an important project and would like to be involved. Angela will be in touch with further information to participate in 2019.</p> <p><b>Inclusion @ Nillumbik</b> Angela distributed <i>Inclusion @ Nillumbik</i> postcard to the group. The postcard asks community to inform Nillumbik Council what Inclusion means and how Council can be more inclusive.</p> <p><b>Action:</b> members to complete the postcard and sent to Katie in the self-addressed envelope provided.</p>
3	<p><b>Update on Embolden 2018 Conference</b></p>	<p>Gertraud, Terry and Ray provided feedback and recollections of their experiences on the Embolden conference. Overall the conference was very well received and those who attended enjoyed the program and found the speakers excellent.</p> <p>Emphasis was placed on theme of Dementia-Friendly Communities that was discussed throughout the conference and raising awareness for people living with dementia. Could be an opportunity here for Nillumbik Shire Council to start thinking about what they can do in this space of raising awareness.</p> <p><b>Action:</b> Individual reports to be attached to the minutes. <b>Action:</b> Katie to explore possibility of inviting a speaker from the conference to one of the PAAC meetings</p>
4	<p><b>Seniors Festival Debrief</b></p>	<p>Katie asked members to provide feedback both positive and negative of this year's Senior's festival. A summary has been provided below:</p> <p><b>Positive:</b></p> <ul style="list-style-type: none"> <li>• Deanna: Alowyn Garden Trip run by Sow and Grow was very well received and enjoyed by everyone who attended – next year they would like to make this even bigger</li> <li>• Norm: Was a great choice to move the Volunteer Expo to the Eltham Community and Reception Centre,</li> </ul>

		<p>this was a great event for the community</p> <ul style="list-style-type: none"> <li>• Gail: The U3A hosted three very successful concerts, however next year they may consider condensing these as the events were held over three consecutive Sundays. Events were bigger than last year which was great. Art Show was also a good success, although comment was made that a different venue may be better next year so it isn't interfered with my classes run at the Eltham Leisure Centre</li> <li>• General comment – good have a range of events located in the smaller townships. It was also good to see intergenerational activities such as the Stories From My Life project</li> </ul> <p><b>Negatives</b></p> <ul style="list-style-type: none"> <li>• 5 events were held across the one weekend – we need to look at timetabling and having better communication prior to events being organised</li> <li>• Katie suggested that we look at starting a working group to support the planning early on in 2019 to help with this</li> <li>• Anne: Programs highlighted event as having disability access, however many of the venues did not have appropriate disabled toilets and car parking. We need to have a better process in place to access whether or not an event is disability friendly</li> </ul> <p>Katie will allocate time at the meeting in February 2019 to start planning for Seniors Festival October 2019.</p>
5	<b>PARG Action Plan</b>	<p><b>Social Outing for Older People</b> Katie suggested a social outing for isolated people in December leading up to Christmas. An email was sent out and Katie is looking for suggestions as to what this outing could be. Discussion arose around what is isolation and who is this outing targeting, what are the statistics around isolation and also to do this as a pilot project in January as December is very busy. <b>Action:</b> Katie with Iwona to look at any reports that could support statistics around Isolation <b>Action:</b> Cranbourne Gardens was suggested as a destination for a social outing in January. Katie will look into this. Other suggestions welcome.</p> <p><b>Information and communication</b> <b>Action:</b> PAAC to follow up involvement in festivals for 2019 including:  <ul style="list-style-type: none"> <li>- Wattle Festival</li> <li>- Eltham Rotary Festival</li> <li>- Diamond Creek Festival</li> </ul> All members are responsible for thinking of opportunities to promote important information, events, and activities at these events on behalf of the Committee.</p>

6	<b>Australia Day Awards</b>	Nominations for Australia Day awards are open. Katie encouraged members to think about nominations and is also happy to support PARG members as nominees.
7	<b>Roundtable Discussion</b>	<p><b>PARG changing to an advisory committee.</b></p> <p><b>Action:</b> An article was to be published in local leader, Katie to follow up.</p> <p><b>Action:</b> Terms of Reference to be circulated with minutes</p>

**Next Meeting:**

Friday 7 December, 12-2pm

Manna Gum 1 & 2, Civic Drive Greensborough